

*The University of Texas at Austin***LONGHORN AQUATICS**
**2010 ST TXLA New Years Classic  
January 15 – 18, 2010**

**Welcome:** Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (Swim Center) to compete in the 2010 New Years Classic. This meet is open to all USA Swimming registered swimmers and will be conducted in two 25 yard courses, using a Colorado Timing System and Hy-Tek Meet Manager software. Designated warm-up lanes will be available during the meet.

**Facility:** The Lee and Joe Jamail Texas Swimming Center has an indoor 8 lane 50 meter competition pool. The pool is 9 feet deep and is considered one of the fastest pools in the world due to its depth, gutter system, high filtration rate and lane width. There are two movable, power-operated bulkheads. For the January 2010 meet, the length of the short course competition pools will NOT be certified before the start of the meet. However, in accordance with the 2010 USA Swimming Rules (Article 104), if a US or World record is broken at this age group meet, we will have the course measured and certified by a qualified, licensed professional immediately following the session during which the time was achieved. There have been many US and/or World records broken at the Texas Swim Center and the measured length of the course has never been an issue.

The Swim Center is located on the University of Texas Campus, 1900 Robert Dedman Drive, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.

**Liability:** USA Swimming, South Texas Swimming, The University of Texas, the Lee and Joe Jamail Texas Swimming Center, and Longhorn Aquatics accept no responsibility for liability or injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

**Sanction:** This meet has been sanctioned by South Texas Swimming and 2010 rules will apply. All swimmers must be registered as athletes for 2010 with USA Swimming by the entry deadline. Athletes that register with USA Swimming after the entry deadline may deck enter the meet only if they can present their 2010 USA card.

**Schedule:**

	<u>Prelims</u>		<u>Finals</u>	
Friday (timed finals)			Warm-up	5:15 PM
			Start	6:15 PM
Saturday	Warm-up	7:30AM	Warm-up	5:00 PM
	Start	9:00AM	Start	6:00 PM
Sunday	Warm-up	7:30AM	Warm-up	5:00 PM
	Start	9:00AM	Start	6:00 PM
Monday	Warm-up	7:30AM	Warm-up	4:00 PM
	Start	9:00AM	Start	5:00 PM

The morning warm-up will be split into 2 sessions. The warm-up for finals is intended only for swimmers entered in finals – swimmers not competing in finals may warm-up in the diving well.

**Swim Wear Restrictions:** Swimmers shall be limited to one swimsuit, which shall be constructed of a woven/knit textile material, permeable to water and air, constructed so as not to aid in buoyancy, and shall not contain zippers or other fastening systems. In addition the suit shall be constructed so that the style/shape for males shall not extend above the waist or below the top of the kneecap and for females shall not extend beyond the shoulders or below the top of the kneecap, and it shall not cover the neck.

**Qualifying Times:** There are no qualifying times for the relays, 50 back, breast or fly. For all other events, the qualifying times are the 2009 – 2012 “B” National Age Group Motivational Times. The 15/16 qualifying times will be used for all swimmers 15 & over. Qualifying times in meters will be seeded after qualifying times in yards.

Entry times in the 1650 will be pre-proved. For other events, athletes that do not finish within the yards qualifying time will be required to prove their entry time. If you only have a qualifying time in meters, you must enter with your meters qualifying time to avoid a penalty (do NOT enter at the cut in yards). Only times in SWIMS will be accepted as proof of time. Swimmers that cannot prove their entry time will be fined \$30 payable to the University of Texas. These swimmers, and their team, will be barred from competition at subsequent TXLA meets at the Swim Center until the fines are paid.

**Meet Format:** The events on Friday evening and all relays are timed finals. All other events are prelim/final. All events will swim in two short course yard pools.

During prelims, even heats will swim in the North end (American Flag) and odd heats will swim in the South end (Texas Flag). Prelim events will be seeded only by time and gender. Age groups will be combined. All prelim events will swim fastest to slowest.

During finals, girls will swim at the North end (American flag) and boys will swim at the South end (Texas Flag). In finals, events will swim 10 & under, 11/12, 13/14, 15 & over, slowest to fastest.

Relays will swim as the last event in finals. Teams are limited to 2 relay teams per event. Relay cards are due to Clerk of Course by the start of the evening session on the day the relay will swim. Be sure your relay cards are initialed by clerk of course and the carbon copy returned to you. If you don't turn in a relay card by the deadline, your relay will be scratched.

The 1650 free, 500 free and 400 IM require positive check-in. For these 3 distance events, we will swim girls at the Texas Flag end of the pool and boys at the American Flag end of the pool. If we run out of boy's heats, the girls will swim at both ends -- even heats at the American Flag end and odd heats at the Texas Flag end.

Entries for the 1650 will be limited to the fastest 4 heats of boys and the fastest 4 heats of girls. Entry times will be pre-proved. No deck entries will be accepted for the 1650. Swimmers that don't make the cut for the fastest 4 heats may be included in the 1650 if other swimmers scratch or fail to check-in. Entry fees will not be refunded if you don't get to swim. The fastest heat of girls and boys will swim BEFORE the 50 back. The remaining heats will swim AFTER the 50 fly. 1650 swimmers AFTER the 50 fly must provide their own timers and lap counters.

In finals, events will be separated by gender and age, and seeded by time. The number of heats qualifying for finals in 50 and 100 yard events is as follows:

10 & Under	2 heats
11-12	2 heats
13-14	2 heats
15 & Over	2 heats

In 200 yard events, the number of heats qualifying for finals is as follows:

10 & Under	1 heat (200 free and 200 IM only)
11-12	1 heat
13-14	2 heats
15 & Over	2 heats

For the 500 free and 400 IM, the number of heats qualifying for finals is as follows:

11-12	1 heat
13-14	2 heats
15 & Over	2 heats

**Scratch Rule:** Except for Friday, each session will be seeded the evening before. **Before the end of the session on Friday and each morning, please scratch any event you will not swim in prelims the next day.** There is not a penalty for failing to scratch a prelim event; this is a courtesy to the other swimmers by eliminating an empty lane in prelims.

**Check-in:** Positive check-in is required for the 1650 free, 500 free and 400 IM. Positive check-in will be available as athletes enter the pool deck and will close 1 hour before the event is scheduled to swim. Exact times will be posted at Clerk of Course on the day of the event.

Swimmers that check-in for an event and fail to swim will be fined \$30 payable to the University of Texas. These swimmers, and their team, will be barred from competition at subsequent TXLA meets at the Swim Center until the fines are paid.

**Entry Dates:** Entries will open at noon on Friday, December 18<sup>th</sup>. Entries will not be accepted before this time. You should **not** make nonrefundable travel arrangements before you know your entries are accepted – entries will be processed in the order received. Entries will close the earlier of:

- a) Monday, January 4, 2010 at 6 PM or
- b) when a session reaches an estimated 4 hours in length. Individual sessions may close before the entire meet closes. If we have to close a session early, this will be posted on our website ([www.utexas.edu/longhornaquatics](http://www.utexas.edu/longhornaquatics)).

We reserve the right to cap the number of swimmers entered in order to stay within the four hour rule. Friday evening, we will cap the meet at about 3 hours. Swimmers will be entered in the order entries are received.

**Entries:** Swimmers may enter a maximum of 3 individual events each day. The age of the swimmer will be his/her age on January 15, 2010.

All teams with five or more swimmers entered in the meet must submit their entries using Version 4 or 5 of Hy-Tek Team Manager or Team Unify software.

Email entries to Debbie Norval at [anorval@austin.rr.com](mailto:anorval@austin.rr.com). When you email the entries, also attach a report of the entries by swimmer. **Entries/emails with only a zip file (i.e. without the entry report) will not be accepted.** If you don't receive an email confirmation, your entries were not received.

Teams with fewer than five swimmers may send an email including the team, team abbreviation, LSC, the swimmers full name (as registered with USA Swimming), USA ID, event numbers, event description, and entry times for each swimmer.

**Once you submit your entry file, you cannot update entry times.**

**Entry fees must be postmarked by Tuesday, January 5.** Please include the meet entry fees report with your check. Please do NOT send a copy of the entries you emailed earlier.

No paper, phone or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will **NOT** be accepted or processed.

**Entry Fees:** \$9.00 per individual event, \$20 for relays. This *includes* the South Texas Swimming splash fee of \$1.25 per splash. Please send only one check per team location please. Refunds will not be given for any reason.

Make checks payable to The University of Texas at Austin and  
Mail to: Debbie Norval  
2808 Montebello Road # 7  
Austin, TX 78746  
512-329-9110

**Deck Entries:** The deck entry fee is \$20.00 per event. **Swimmers not previously entered in the meet must present their 2010 USA Swimming registration card** to be able to deck enter.

Deck entries will be accepted only for open lanes. No new heats will be created. You may deck enter the current session beginning at the start of warm-up. Deck entries will close 30 minutes before the start of each session. You may deck enter events for later sessions after the start of the current session. Deck entries for the next day's session will be seeded if they are received before the start of the last event – the 1650 on Friday, the 200 fly on Saturday, the 500 free on Sunday.

**Scoring:** Individual Events: 1<sup>st</sup> -- 8<sup>th</sup> place 20, 17, 16, 15, 14, 13, 12, 11  
9<sup>th</sup> -- 16<sup>th</sup> place 9, 7, 6, 5, 4, 3, 2, 1

Relay points are double.

**Awards:** Ribbons, first through eighth place will be awarded according to the following age groupings: boys and girls 10 and under, 9 – 10 and 11 - 12. A banner will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place team. No other awards will be given.

**Meet Referee:** Mark Mueller  
(512) 258-5119  
[mawamu@gmail.com](mailto:mawamu@gmail.com)

**Head Coach:** Doug Rusk  
(206) 291-5471  
[doug.rusk@austin.utexas.edu](mailto:doug.rusk@austin.utexas.edu)

**Meet Director  
& Entry Chair:** Debbie Norval  
(512) 329-9110  
[anorval@austin.rr.com](mailto:anorval@austin.rr.com)

## Order of Events Friday January 15, 2010

### All Events are Timed Finals

Girls Event #	Event	Boys Event #
1	50 Back	2
3	50 Breast	4
5	50 Fly	6
7	11 & over 1650 Free (a)	8

- (a) Positive check-in required. The fastest heat of girls and boys will swim before the 50 back. These swimmers need their own counter. Swimmers in the heats that swim after the 50 fly must provide their own timer and counter.

## Saturday January 16, 2010

Girls Event #	Event	Boys Event #
9	200 IM	10
11	100 Free	12
13	100 Breast	14
15	11 & over 200 Fly	16
17	400 Free Relay *	18

- \* Relays swim only in finals.

## Sunday January 17, 2010

Girls Event #	Event	Boys Event #
19	11 & over 200 Back	20
21	50 Free	22
23	11 & over 200 Breast	24
25	100 Fly	26
27	500 Free (a)	28
29	200 Medley Relay *	30

- (a) Positive check-in required. Swimmers must provide their own timer in prelims.  
\* Relays swim only in finals.

## Monday January 18, 2010

Girls Event #	Event	Boys Event #
31	200 Free	32
33	100 Back	34
35	12 & under 100 IM	36
37	11 & over 400 IM (a)	38
39	200 Free Relay *	40

- (a) Positive check-in required. Swimmers must provide their own timer in prelims.  
\* Relays swim only in finals.

### Officials:

Help from visiting officials is always welcome. All officials must be currently registered with USA Swimming. Please email the Meet Referee with your certification level and availability so he can plan accordingly. Nametags are very helpful; please bring and wear yours if you have one.

### Special Needs:

Please notify the Jamail Texas Swimming Center Staff (512-471-7703) in advance of this event with the name and age of any member on your team who needs assistance to enter the building. TSC staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.

In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.

**Deck Access:**

Only currently registered coaches and officials will be allowed access beyond the front desk of the Texas Swimming Center. Coaches and officials will be required to show their current USA Swimming registration card at the front desk in order to be on deck. Volunteers will be given a pass to access the deck and help for that specific purpose.

Please be aware that swimmers will not be allowed on the deck until one of their team coaches has checked in and is on deck.

Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the meet director, Longhorn Aquatics Program Director or Texas Swimming Center staff.

**Cell Phones:**

The presence and/or use of cell phones in the locker rooms is strictly and specifically prohibited at all times. There are no exceptions to this prohibition. Violators are subject to disqualification from the meet and disbarment from the facility.

**TSC Rules:**

As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

**Spectators and athletes may not bring food or drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.**

**Parking:**

NEW -- The University of Texas now requires a UT permit for parking along Trinity and San Jacinto as well as C Lot 80 in front of the Swim Center. They will be charging \$10 for parking in C Lot 80 as well as in the Trinity and Manor garages.

We are exploring other parking options, hoping to find free or at least cheaper parking close to the Swim Center. Please go to our website as we get closer to the meet for more information on parking.

**SOUTH TEXAS SWIMMING, Inc.**  
**Safety Guidelines and Warm-up Procedures**

**A. WARM-UP PROCEDURES**

- I. Assigned warm-up Procedures.
  - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane
  - c. Dive sprints may be done only under the direct supervision of the coach
- II. Open warm-up procedures.

**LANE USE**

<b>POOL</b>	<b>PUSH/PACE</b>	<b>DIVES/SPRINTS</b>	<b>GENERAL WARMUP</b>
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

**3. Safety Guidelines**

- a. Coaches are responsible for the following:
  - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
  - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
  - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.
  - 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
  - 2) Marshals must be members of United States Swimming.
  - 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
  - 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
  - 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
  - 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
  - 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

**B. MISCELLANEOUS NOTES**

- 1. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- 2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- 3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- 5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmup unless approved by the Referee.

***NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.***

**STSI Safety Guidelines and Warm-up Procedures**

North - 5901 North I-35 (512) 454-8004 ext. 7025  
www.embassysuitesaustinnorth.com



Downtown - Contact: Craig Harms  
300 South Congress Ave (512) 617-2574  
[www.austindowntown.embassysuites.com](http://www.austindowntown.embassysuites.com)

6711 North I-35  
Contact: Alissa Vala 10+ Rooms: (800) 436-1196  
Individual Reservations: (800) 378-7946



[Alissa.vala@druryhotels.com](mailto:Alissa.vala@druryhotels.com)

South Texas Sanction # ST-10-01

*The University of Texas at Austin*

## Lee and Joe Jamail Texas Swimming Center & Longhorn Aquatics

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Hastings 111 Cesar Chavez

[ehastings@radissonaustin.com](mailto:ehastings@radissonaustin.com)

Located in the heart of downtown Austin, minutes from the UT Swim Center, home of Starbucks and T.G.I. Fridays restaurant

**Holiday Inn Town Lake**  
20 N IH-35  
Austin, TX 78701



Contact: Bridgette Ards

(512) 634-1274

[bards@pacificahost.com](mailto:bards@pacificahost.com)

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Austin, Texas 78701



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(512) 389-1616

**Crowne Plaza Hotel**  
6121 North IH 35  
Austin, Texas 78752



Contact: Shelly Staff

(512) 371-5243

[sstaff@cphaustin.com](mailto:sstaff@cphaustin.com)

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**Embassy Suites** Contact: Kris Paulson North -  
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www.embassysuitesaustinnorth.com



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[www.austindowntown.embassysuites.com](http://www.austindowntown.embassysuites.com)

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