

Aspen Yellow Leaf Invitational Saturday October 10th – Sunday October 11th 2009

Sanction:	Held under the sanction of USA Swimming # 2009-093
Facility	Aspen Recreation Center Pool, Maroon Creek Road, Aspen, Colorado. Indoor 25 yard, 6 lane pool.
Timing	Colorado Timing System 6 with 6 lane scoreboard, pad and backup timing. All events are timed finals.
Format:	A two day meet with a full schedule of events. Each swimmer may enter up to 4 individual events and one relay in Session 1&3. In addition, swimmers may enter 1 event in Session 2.
Schedule	Session #1: Warm-up - Saturday 11 am; Start – 12:15 pm Session #2: Warm-up – 15minute warm-up beginning immediately after the conclusion of session #1 Session #3: Warm-up – Sunday 8 am; Start – 9:15am Session #1 and #3 warm-ups will be split warm-ups.

Rules:

Current USA swimming rules and/or Colorado Swimming, Inc. rules will govern meet procedure. The meet referee will be final authority. The meet is pre-seeded. Age will be determined as of October 10, 2009. Open to all swimmers of Colorado Swimming, Inc., holding a 2009-10 USA Swimming membership card. Any swimmer who appears on the CSI exceptions report without registration must come to the meet prepared to show their card. **NO** deck registrations will be accepted.

Colorado Swimming warm-up procedures will be followed.

Meet Referee: Elaine Gerson (970) 925-4638 emgerson@yahoo.com

Meet Director: Gordon Gerson 970-925-4638 Safety Chair: Brooks Bryant
gmgerson@comcast.net

Coaches & Officials

All coaches and uniformed officials must display their USA/CSI cards while on deck. Current certification for all coaches is mandatory. Coaches that are not in compliance will not be allowed on deck.

Entry Fee:

The entry fee will be \$20.00 flat fee per swimmer. From these fees \$0.60 per entry will go to CSI and \$0.15 per entry will go to the Western Slope League. There will be a \$10.00 surcharge for LATE entries. Make one check payable to: Aspen Swim Club.

Entries: Entries must be received by the entry chair in HY-TEK MEET MANAGER format by 6:00 PM Friday, October 2nd, 2009. E-mail entries are preferred. We must receive your hard copy including entry fees by the posted deadline. Please include hard copies of the data including name, age, USA number, team code, and entry times in yards. NT will be accepted but will be seeded into the slowest heats. **The Colorado Swimming Meet Verification form must accompany all entries.** Please include coach's name, address and phone number.

Entry Chair: Elaine Gerson (970) 925-4638
0716 W. Buttermilk Road, Aspen, CO 81611
emgerson@yahoo.com

Team Manager event template will be available after September 1, 2009. Deck entries will not be accepted.

Entries are limited to the first 175 swimmers. Swimmers may enter 4 individual events for Sessions 1&3. Swimmers may also enter 1 event in Session 2. Swimmers may swim in 1 relay event per day.

Scoring &
Awards:

Events will be scored in the following fashion:

8 & under events will be scored as 6&under and 8&under,

10& under events will be scored as 8& under and 9-10

12& under events will be scored as 8& under, 9-10, 11-12

11 & over events will be scored as 11-12, 13-14, 15&over

Individual OPEN events will be scored as 10&under, 11-12, 13-14, 15&over

All relays will not be broken into age group

Scoring is for team totals only. There will be no high point awards. Participation awards will be given to all entrants.

Results:

Results will be e-mailed to each team. If your team desires a hard copy of results to be mailed, please put a request in writing in your entry packet, along with a self-addressed envelope large enough to hold the results.

Programs

Programs will be available for purchase for \$5.00 per program.

Additional Info:

Each team will be asked to provide timers for the duration of each session. No smoking allowed on deck, in the building or any area frequented by swimmers. No glass bottles on deck or in the restrooms. A snack bar will be open throughout the meet. Coolers are not allowed on the ARC premises.

All 8 & under individual events will start in the shallow end of the pool.

Courtesy Times: 400 IM (8:00.00) and 500 Freestyle (9:00.00) are requested.

Warmups: Two thirty minute warm up will be conducted for sessions #1 and #3 in accordance with Colorado Swimming Inc. established procedures. Assigned lanes will be provided.

Miscellaneous Colorado Swimming, Inc. does not support, recommend, endorse or take responsibility for the sale or marketing of any dietary supplements. It is the swimmers' responsibility to know the contents of any food or drink he/she ingests. For more specific information on supplements, please refer to the drug information on the USA Swimming website at usa-swimming.org.

The competition course has not been certified in accordance with 104.2.2C(4).

Swimsuits worn for all 14&under age group defined competition shall not cover the neck, extend past the shoulder, nor past the knee. Swimsuits worn for competition must be non-transparent and conform to the current concept of appropriate. The Referee shall have the authority to bar offenders from the competition until they comply with the rule.

**Schedule of Events
Aspen Yellow Leaf Invitational
October 10-11, 2009**

Session #1 – Saturday, October 10

<u>Girls</u>	<u>Age</u>	<u>Event</u>	<u>Boys</u>
1	10 & under	50 Freestyle	2
3	11 & over	50 Freestyle	4
5	8 & under	25 Backstroke	6
7	9-10	100 Backstroke	8
9	11 & over	100 Backstroke	10
11	12 & under	50 Breaststroke	12
13	11 & over	200 Breaststroke	14
15	8 & under	25 Butterfly	16
17	9-10	100 Butterfly	18
19	11 & over	100 Butterfly	20
21	OPEN	200 IM	22
23	8 & under	100 Freestyle Relay	24
25	12 & under	200 Freestyle Relay	26
27	OPEN	400 Freestyle Relay	28

15 minute warm-up follows Session #1

Session #2 – Saturday October 10

29	OPEN	400 IM	30
31	OPEN	500 Freestyle	32

Session #3 – Sunday, October 11

33	12 & under	100 IM	34
35	10 & under	100 Freestyle	36
37	11 & over	100 Freestyle	38
39	8 & under	25 Freestyle	40
41	12 & under	50 Backstroke	42
43	11 & over	200 Backstroke	44
45	9 -10	100 Breaststroke	46
47	11 & over	100 Breaststroke	48
49	8 & under	25 Breaststroke	50
51	12 & under	50 Butterfly	52
53	11 & over	200 Butterfly	54
55	OPEN	200 Freestyle	56
57	8 & under	100 Medley Relay	58
59	12 & under	200 Medley Relay	60
61	OPEN	400 Medley Relay	62