

THIRTY-SEVENTH ANNUAL INVITATIONAL SWIM MEET
JUNE 20, 21, and 22, 2008
SPONSORED BY THE SOPRIS BARRACUDAS

SANCTION: Held under Zone 4 sanction number 2008-009E of Colorado Swimming Inc.

LOCATION: Glenwood Springs Community Center
100 Wulfsohn Road
Glenwood Springs, CO 81601
(970) 384-6315 Phone (970) 928-8418 Fax

FACILITIES: 25 meter pool, 6 lanes with continuous warm-up/cool down lanes.

TIMING: Colorado Timing System 6 with touch pads, back-up buttons, and electronic scoreboard with six lane display will be used for all events with the exception of 25 meter events, which will use stopwatches for times. Backup timing will consist of one button and two stopwatches. Hy-Tek Meet Manager software will be used.

RULES: Current 2008 USA rules govern the meet. The referee will be the final authority for the conduct of the meet. Age as of the first day of competition, June 20, 2008 will determine the swimmer's age group. All events are timed finals.
Western Slope teams will have priority if meet is over-subscribed.

Declaration of relays and scratches 30 minutes prior to each final session is required. **Colorado Individual Scratch rules apply and will be strictly enforced.**

The meet will be pre-seeded. Please provide scratches and relay declarations 30 Minutes before each session.

400 Free and 800 Free participants will be required to provide a counter and two timers. These events require positive check in 90 minutes prior to the start of the race, and will be swum fastest to slowest alternating girls than boys, with a combined heat possible at the discretion of the referee.

8 and under 25M races will be swum from the block end of the pool.

Colorado Swimming warm up procedures will be observed. The meet referee will have the final authority on all procedures regarding the conduct of the meet. The referee may combine individual events by age, sex and or distance. All coaches and uniformed officials must display their USA/CSI cards when on deck. Current certification is mandatory. Coaches that are non-compliant will not be allowed on deck – NO EXCEPTIONS.

ELIGIBILITY: Open to all Zone 4 swimmers holding a 2008 USA Swimming membership card. Any swimmer that appears on the CSI exception report without registration must come to the meet prepared to show their card or they will be deck registered before they can enter the water. A surcharge for deck registration will also apply, \$27.00 for year round or \$14.00 for seasonal, plus the normal registration fee. Swimmers must be prepared to show current card. Coaches must be prepared to show their 2008 current USA Swimming coach's registration card with all safety and background information current.

SCORING: Individual 7-5-4-3-2-1
Relays 14-10-8-6-4-2

Open events will be scored according to age group through age 18 and awards given per age group. All events will count toward high point in the appropriate age group. Team scores will be counted, including open events.

AWARDS: Individual: Medals for places 1 - 3, Ribbons for places 4 - 12
Relays: Ribbons for places 1 - 6

High point: Male and Female, 6 & under, 7-8, 9-10,11-12, 13-14, 15 and over.
Record: Certificates will be given for new pool records.

ENTRY: Swimmers may enter 4 Individual Events & 1 Relay per day. Meet host reserves the right to make changes in order to assure 4-hour sessions.

PROCEDURES: Entries must be received on a diskette, or the entry file from Team Manager must be emailed to Kathy Keeler at cavekids@comcast.net before the entry deadline. Meet verification forms and a printer copy of Team Manager "Meet Entries" must accompany entries.

FEES:

Individual events	\$ 3.00 per event
Relays	\$ 5.00 per event
Surcharge	\$ 5.50 per swimmer

LATE ENTRIES:

Individual	\$ 6.00 per event
Relays	\$ 8.50 per event

DEADLINE: June 8th, Mail to: Sopris Barracudas
C/O Kathy Keeler
P.O. Box 1703
Glenwood Springs, CO 81602
Cell: (970) 379-9399
Fax: (970) 945-5668
Email: cavekids@comcast.net

* Scratches, adds & relay declarations must be submitted to the Clerk of the Course 30 minutes before start of the session each day.

MEET DIRECTOR: Lori Pohm Day 970-945-6762 Evening 970-309-7126

MEET REFEREE: Elaine Gerson

MEET MARSHAL: Bob Thorsen Day 970-945-6762 Evening 970-309-7126

PROGRAMS: Programs will be available for \$5.00 in the gym beginning 4:00 p.m. Friday, June 20th.

Coach's packets which include a list of your swimmers and their ID #'s relay declaration forms and add/scratch forms will be provided at the program sales desk. Please make use of these forms (using the swimmers ID #'s, whenever possible) as this will aid in the speed of our data entry.

RESULTS: Results will be mailed within 14 days and will be provided to teams entered in the meet. Individuals wishing a copy of final results may request them at the Clerk of the Course Table for \$5.00 each. Teams providing a formatted disc and using Hy-Tek for the results will be accommodated.

LODGING: There are many wonderful hotels in Glenwood Springs. Please check with the Glenwood Springs Chamber of Commerce either by phone at 945-6589 or the website at www.glenwoodchamber.com. We strongly encourage teams to make reservations early as this is a busy weekend in Glenwood Springs.

Please leave your pets at home. There will be no pets allowed at the Community Center.

PARKING: There is ample parking at the Community Center, RV parking in upper lots, please.

OFFICIALS: Please remember to bring your "whites" and ID as we will need many officials to cut down on the deck time each official works over the two and a half days.

FOOD: See meet program for local sponsors, restaurants, and special swimmer coupons. Limited food will be available for purchase at the meet.

TIMERS: Each team should be prepared to provide timers throughout all the sessions.

WARNING: **THERE WILL BE A ROAD CLOSURE IN FRONT OF THE COMMUNITY CENTER ON SUNDAY MORNING FROM 7:30 TO 8:15 FOR THE ANNUAL STRAWBERRY SHORTCUT RUN. PLEASE PLAN AHEAD FOR YOUR MORNING ARRIVAL.**

CAMPING: Camping is being arranged at the Community Center, for a nightly fee.
Portajohns will be available. Exterior facility has been rented by Sopris Barracudas.
Additional evening activities are being planned.

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Session: 1 Friday Afternoon

Day of Meet: 1 Starts at 04:30 PM

- 1 Girls 400 IM
- 2 Boys 400 IM
- 3 Girls 800 Freestyle
- 4 Boys 800 Freestyle

Session: 2 Saturday Morning

Day of Meet: 2 Starts at 08:00 AM

- 5 Girls 9-10 100 Freestyle
- 6 Boys 9-10 100 Freestyle
- 7 Girls 11-12 100 Freestyle
- 8 Boys 11-12 100 Freestyle
- 9 Girls 9-10 50 Backstroke
- 10 Boys 9-10 50 Backstroke
- 11 Girls 11-12 50 Backstroke
- 12 Boys 11-12 50 Backstroke
- 13 Girls 9-10 100 Butterfly
- 14 Boys 9-10 100 Butterfly
- 15 Girls 11-12 100 Butterfly
- 16 Boys 11-12 100 Butterfly
- 17 Girls 9-10 50 Breaststroke
- 18 Boys 9-10 50 Breaststroke
- 19 Girls 11-12 50 Breaststroke
- 20 Boys 11-12 50 Breaststroke
- 21 Girls 9-10 200 IM
- 22 Boys 9-10 200 IM
- 23 Girls 11-12 200 IM
- 24 Boys 11-12 200 IM
- 25 Girls 10 & Under 200 Medley Relay
- 26 Boys 10 & Under 200 Medley Relay
- 27 Girls 12 & Under 200 Medley Relay
- 28 Boys 12 & Under 200 Medley Relay

Session: 3 Saturday Afternoon

Day of Meet: 2 Starts at 01:00 PM

- 29 Girls 200 Butterfly
- 30 Boys 200 Butterfly
- 31 Girls 8 & Under 50 Freestyle
- 32 Boys 8 & Under 50 Freestyle
- 33 Girls 13 & Over 100 Freestyle
- 34 Boys 13 & Over 100 Freestyle
- 35 Girls 6 & Under 25 Backstroke
- 36 Boys 6 & Under 25 Backstroke
- 37 Girls 8 & Under 25 Backstroke
- 38 Boys 8 & Under 25 Backstroke
- 39 Girls 13 & Over 100 Backstroke
- 40 Boys 13 & Over 100 Backstroke
- 41 Girls 8 & Under 100 IM
- 42 Boys 8 & Under 100 IM
- 43 Girls 13 & Over 200 IM
- 44 Boys 13 & Over 200 IM
- 45 Girls 8 & Under 25 Breaststroke
- 46 Boys 8 & Under 25 Breaststroke
- 47 Girls 13 & Over 100 Breaststroke
- 48 Boys 13 & Over 100 Breaststroke
- 49 Girls 8 & Under 100 Medley Relay
- 50 Boys 8 & Under 100 Medley Relay
- 51 Girls 13-14 200 Medley Relay
- 52 Boys 13-14 200 Medley Relay
- 53 Girls 15 & Over 400 Medley Relay
- 54 Boys 15 & Over 400 Medley Relay

Session: 4 Sunday Morning**Day of Meet: 3 Starts at 08:00 AM**

- 55 Girls 9-10 100 Backstroke
- 56 Boys 9-10 100 Backstroke
- 57 Girls 11-12 100 Backstroke
- 58 Boys 11-12 100 Backstroke
- 59 Girls 9-10 50 Butterfly
- 60 Boys 9-10 50 Butterfly
- 61 Girls 11-12 50 Butterfly
- 62 Boys 11-12 50 Butterfly
- 63 Girls 9-10 100 Breaststroke
- 64 Boys 9-10 100 Breaststroke
- 65 Girls 11-12 100 Breaststroke
- 66 Boys 11-12 100 Breaststroke
- 67 Girls 9-10 50 Freestyle
- 68 Boys 9-10 50 Freestyle
- 69 Girls 11-12 50 Freestyle
- 70 Boys 11-12 50 Freestyle
- 71 Girls Open 200 Back
- 72 Boys Open 200 Back
- 73 Girls 10 & Under 200 Freestyle Relay
- 74 Boys 10&Under 200 Freestyle Relay
- 75 Girls 12 & Under 200 Freestyle Relay
- Boys 12 & Under 200 Freestyle
- 76 Relay

Session: 5 Sunday Afternoon**Day of Meet: 3 Starts at 01:00 PM**

- 77 Girls 6 & under 25 Freestyle
 - 78 Boys 6 & under 25 Freestyle
 - 79 Girls 8 & Under 25 Freestyle
 - 80 Boys 8 & Under 25 Freestyle
 - 81 Girls Open 200 Freestyle
 - 82 Boys Open 200 Freestyle
 - 83 Girls 8 & Under 25 Butterfly
 - 84 Boys 8 & Under 25 Butterfly
 - 85 Girls 13 & Over 100 Butterfly
 - 86 Boys 13& Over 100 Butterfly
 - 87 Girls 8 & Under 50 Breaststroke
 - 88 Boys 8 & Under 50 Breaststroke
 - 89 Girls Open 200 Breaststroke
 - 90 Boys Open 200 Breaststroke
 - 91 Girls 8 & Under 100 Freestyle
 - 92 Boys 8 & Under 100 Freestyle
 - 93 Girls 13&Over 50 Freestyle
 - 94 Boys 13&Over 50 Freestyle
 - 95 Girls 8 & Under 100 Freestyle Relay
 - 96 Boys 8 & Under 100 Freestyle Relay
 - 97 Girls 13-14 400 Freestyle Relay
 - 98 Boys 13-14 400 Freestyle Relay
 - 99 Girls 15 & Over 400 Freestyle Relay
 - 100 Boys 15 & Over 400 Freestyle Relay
- Session: 6 Sunday Evening
Start Immediately Following Session
5 or 4:00, whichever is later.
15 minute warm-up provided
- 101 Girls Open 400 Freestyle
 - 102 Boys Open 400 Freestyle